



THE AHA CENTRE

NEWSLETTER • JUNE 2019

Wise Practices and Skills Building Gathering Montreal – August 26 – 30, 2019

We are happy to announce that the gathering will take place this summer at the Omni Mont-Royal Hotel in Montreal, QC.

Theme: New Knowledge. New Skills. New Moon.

Registration forms are available online:
<https://www.ahacentre.ca/wise-practices-resources.html>



Job Posting: CEO for CAAN

Reporting to a national Board of Directors, the CEO is responsible for overseeing the establishment and strategic implementation of the organization's objectives and activities to achieve CAAN's mission. The CEO is a dynamic individual who will bring responsive and exciting leadership to CAAN's membership and guide a diverse staff working across the country. To achieve this, the CEO is responsible for overseeing all operations including: research and programs; formulating organizational policies and procedures; ensuring evaluation

and reporting to all funders. Public relations, fund development and networking are key expectations of the CEO role.

Please visit our online bulletin board for more information on this job posting.

<https://www.ahacentre.ca/bulletin-board.html>

CAHR 2019 – Saskatoon, Saskatchewan

The AHA Centre participated in **Eshwiifood Ni-Kwayachi-Kuskehtanan** (Ready, Willing, and Able), a two-day, pre-CAHR CBR Skills-building Workshop offered to residents of Saskatchewan who are interested in learning more about community-based research. The event was organized through a partnership with CAHR, CIHR and REACH and highlighted many of the amazing initiatives, organizations and projects that are happening across the province of Saskatchewan. Highlights included a presentations made by Dr. Carrie Bourassa and Elder Willie Ermine and Randi Lynn Nanemahoo-Candline from Wanuskewin Heritage Park who gave us teachings about the Jingle Dress, Jingle Dress dances and even invited participants to join in some dances with her.

The actual CAHR conference was the usual whirling-dervish of early morning plenaries, concurrent sessions and all of the side-meetings and networking that a person could jam into three short days. The theme of this year's conference was **Wuniska**, "... a Cree and Saulteaux word that means wake

up, awaken, arise, wake up and rise. Wuniska is a concept filled with optimism for the new day, which we greet with renewed energy and passion. Wuniska is a verb, reflecting that as Indigenous people, our knowledge is action-oriented. Wuniska is also spelled Waniska and is known as ᐱᐣᐣᐣᐣᐣᐣ in Cree syllabics,"

(<https://www.cahr-acrv.ca/conference>).

Reflecting back on CAHR 2019, the essence of Wuniska could certainly be seen and felt in sessions that included Indigenous presentations and that were attended by Indigenous delegates. Mainstream organizations and researchers were challenged to let the Indigenous community lead Indigenous research, Knowledge Translation and data analysis practices too. For a full list of abstracts that were presented at CAHR 2019, you can go to: <https://www.cahr-acrv.ca/conference>

Special mention goes to AHA Centre team member and CAAN

employee **Trevor Stratton** for being honoured with the Red Ribbon Award this year! The Red Ribbon Award is presented annually by CAHR for outstanding service to the cause of research in a



Figure 1: Trevor Stratton and CAHR Co-Chairs, Dr. Alexandra King and Dr. Linda Chelico

way that has increased our understanding of HIV/AIDS while enhancing the quality of life of those living with the virus.

Suggested Reading

We are so happy to share the latest research from FOXY:

Here is a short video that outlines the findings: <https://vimeo.com/332027964>

“Automatic assumption of your gender, sexuality and sexual practices is also discrimination”: Exploring sexual healthcare experiences and recommendations among sexually and gender diverse persons in Arctic Canada.”

Carmen H. Logie, BA, MSW, PhD, Candice Lys BA, MA, PhD, Lisa Dias BA, MA, Nicole Schott BA, MA, Makenzie R. Zouboules, Nancy MacNeill BA, Kayley Mackay

Health Soc Care Community. 2019;1–10.

<https://onlinelibrary.wiley.com/doi/abs/10.1111/hsc.12757>

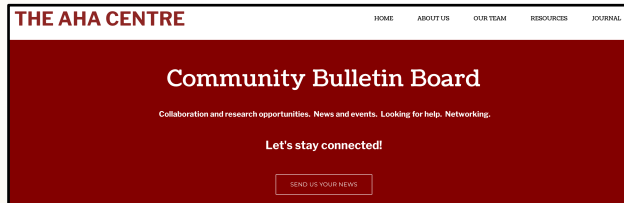
Abstract:

Sexual and mental health disparities are reported in Arctic Canada as in other Arctic regions that experience shared challenges of insufficient healthcare resources, limited transportation, and a scarcity of healthcare research. Lesbian, gay, bisexual, transgender, and queer persons (LGBTQ+) report sexual and mental health disparities in comparison with their heterosexual and cisgender counterparts, and these disparities may be exacerbated in rural versus urban settings. Yet limited research has explored sexual healthcare experiences among LGBTQ+ persons in the Arctic who are at the juncture of Arctic and LGBTQ+ health disparities. We conducted a qualitative study from May 2015 to October 2015 with LGBTQ+ persons in the Northwest Territories, Canada that involved in-depth individual interviews with LGBTQ+ youth ($n = 16$), LGBTQ+ adults ($n = 21$), and key informants (e.g. coaches, teachers, nurses, social workers, and healthcare providers) ($n = 14$). We conducted thematic analysis, a theoretically flexible approach that integrates deductive and inductive approaches, to identify and map themes in the data. Findings reveal geographical, social, and healthcare factors converge to shape healthcare access. Specifically, the interplay between heterosexism and cisnormativity, intersectional forms of stigma, and place limited LGBTQ+ persons' sexual healthcare access and produced negative experiences in sexual healthcare. Limited healthcare facilities in small communities resulted in confidentiality concerns. Heteronormativity and cisnormativity constrained the ability to access appropriate sexual healthcare. LGBTQ+ persons experienced LGBTQ+, HIV, and sexually transmitted infections stigma in healthcare. Participants also discussed healthcare provider recommendations to better serve LGBTQ+ persons: non-judgment, knowledge of LGBTQ+

health issues, and gender inclusivity. Findings can inform multi-level strategies to reduce

intersecting stigma in communities and healthcare, transform healthcare education, and build LGBTQ+ persons' healthcare navigation skills.

Online Bulletin Board



<https://www.ahacentre.ca/bulletin-board.html>

Our bulletin board is up to date with job postings, collaboration and/or research opportunities, news and events, etc. Send us your news and we will happily share it!

Contact Us

Please do not hesitate to contact us if you have any questions or comments:

<http://www.ahacentre.ca/contact-us.html>

